



Clinical Dysphagia Days, Idstein (D)
08. - 09.10.2010

Jay C. Rosenbek
"Treatment of Neurogenic Dysphagia"

This clinically oriented two day lecture is intended for practicing clinicians and for those whose education has prepared them in the basics of normal and abnormal swallowing. Content will be ordered around many of the major practice issues in modern dysphagia practice. Remarkably the issue of defining dysphagia continues to be an issue, and the concepts and data related to appropriate definition will be the **first** topic.

Questions to be addressed include: 1. can dysphagia be identified perceptually, 2. is a statistical definition possible and 3. what is the contribution to definition of the patient's point of view. How dysphagia is to be evaluated is the **second** topic. Of special concern is the place of the clinical examination which has been much-maligned especially in the US. A related issue is the place of instrumented examination-VFSE and endoscopy-in treatment and diet planning. Treatment planning benefits from instrumental data; diet planning is a much more complex issue requiring additional medical and personal data. The importance of patient reported outcomes will also be discussed in this section. **Third** will be the issue of non-oral feedings. Among the topics related to non-oral feeding will be: 1. identifying the critical data to making a decision, 2. the influence of patient, family and clinician attitudes, 3. the importance of etiology and course of disease, 4. how to undo a specific tube feeding decision once it has been made, and 5. defining appropriate follow-up. **Fourth**, will be a discussion of compensatory and rehabilitative techniques, including general principles of applying both. To receive special emphasis is the US concern that compensations are being recommended when rehabilitation is more appropriate. The appropriateness of rehabilitation in a variety of neurodegenerative diseases such as ALS will be discussed as part of this topic. **Fifth**, a special section will be devoted to classifying rehabilitative techniques as being either strengthening or skill building activities along with a clinical rationale for making this distinction. **Sixth**, principles of strengthening and skill building as critical to swallowing treatment planning will be described. Clinicians should see themselves as trainers of cells, and knowing how to train both muscle and nervous system cells distinguishes the good from the superior clinician. **Seventh**, all compensatory and rehabilitative techniques will be updated to include the most recent developments and refinements.

Be part of the
Treatment of Neurogenic Dysphagia

Eine gemeinsame Veranstaltung von/a joint event of:



Schulz-Kirchner Verlag GmbH
Anmeldung/registration: Nicole Haberkamm
dys@schulz-kirchner.de



ELLLP English Life Long Learning Programme
Informationen/Information: Irina Dick
dys@schulz-kirchner.de